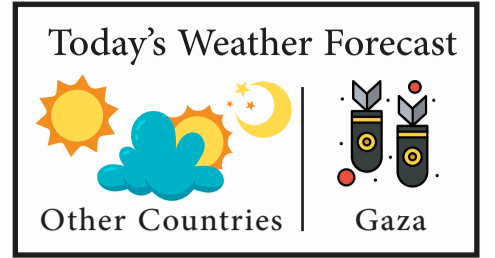
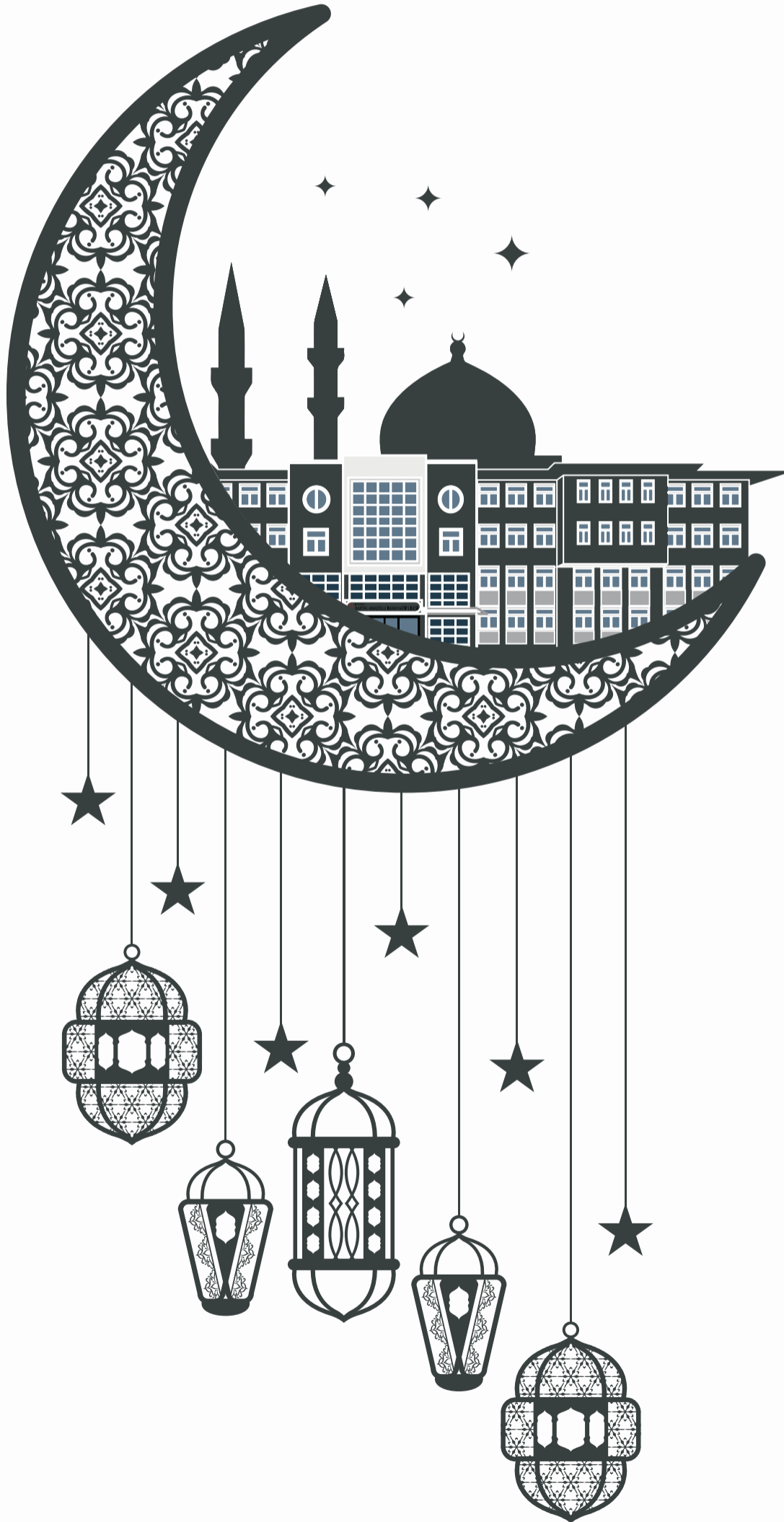


Ramadan News



in KAIHL

Season of Mercy



The sultan of 11 months, the season of mercy and peace, the blessed month in which we celebrate the revelation, the Quran, and our being Muslims is finally here! Welcome Ramadan!

In the deepest part of our hearts, while we feel the sadness of our losses after the February 6 earthquakes and the sorrow we feel for the ongoing genocide in Gaza and in various Islamic regions including East Turkestan, Syria, Yemen, but we are aware that we should also reflect the joy and happiness of Ramadan bringing into our lives.

"The month of fasting is a blessing from Allah (swt) to humanity to provide the opportunity to achieve self-realization in Islam through their own efforts. It is a month of healing for the soul of society. It is a month of revival for man, for society and for all humanity." stated Sezai Karakoç. The paper you are holding now is one of the actions taken to revive ourselves, our environment, and humanity. This newspaper, which emerged as a concrete manifestation of the atmosphere in our school crystallized with the blissful breeze of Ramadan, was prepared with the valuable contributions of our teachers and students. We thank each and every individual for their precious efforts.

With its diverse range of titles and content, this paper offers the opportunity to transform your Ramadan and allow Ramadan to transform you, it will gain an identity as a sweet memory you will cherish.

We hope that Ramadan will be a feast for our souls, a month in which we purify ourselves from our material and spiritual burdens and turn to our Lord with ikhlas. Wishing you all a blessed Ramadan filled with joy!

Zehra Şimşek

Ramadan Reflections: Insights from Dr. Özkan Öztürk

Interviewed by İrem Bodur, Havva Nur Topuk

During the month of Ramadan, it is a valuable time for self-reflection and spiritual improvement. To gain a deeper understanding of these concepts, we interviewed our esteemed Principal Dr.Özkan Öztürk and asked him some questions.

What comes to your mind first when you think of Ramadan?

Dr. Özkan Öztürk: The first thing that comes to my mind when I think of Ramadan is that it is a feeling that brings me closer to myself. Ramadan is actually something that is associated with hunger and fasting, but when we get away from some of our needs, we get closer to ourselves and this is the first thing I feel during Ramadan, so I can live without eating, I can spend my day without running to the cafeteria. Also during Ramadan I feel how valuable and wide opportunities time and space offer us, my perception of time and space seems to change.

What is the characteristic of Ramadan that impresses you the most?

Dr. Özkan Öztürk: The month of Ramadan comes all of a sudden, that is what impresses me the most. It offers you a new reality because it includes fasting, the Holy Qur'an, muqabalas, tarawih, the night of Qadr, iftar tables and many other things. It is as if a colorful climate is formed that shatters everyday life, as if we enter a different reality. I mean, when you are walking normally, it is as if you are entering another galaxy and a month passes like this. Then the fact that that time is really a mercy affects me deeply. It says I have come, like the beating of the Ramadan drum, it says I have come and it comes with its own reality. And that reality intervenes in our lives, it also changes our classical system, it imposes that system.

Do you have any special habits during Ramadan?

Dr. Özkan Öztürk: I don't have habits for Ramadan, but my Ramadan is standard. But let me tell you what I do the most classical thing, I have been trying to perform I'tikaf in the last 10 days for about 10-15 years in an I'tikaf programme for 1-2 days whenever I find time, and since Ramadan is the month of the Holy Quran, I try to understand some things in the Quran.

What should Ramadan mean to Muslim youth?

Dr. Özkan Öztürk: Ramadan really has very serious potential for a Muslim youth, you are people with a book of accounts, but if you were Muslim youth from university, I would recommend you to spend all Ramadan nights in different places and mosques in Istanbul. We used to do this in the past, we used to do programmes where we would break our fast with friends on a grass in Sultanahmet today, tomorrow in Eyüpsultan, the other day in Üsküdar, and the next day we would break our fast with a date, but with a huge love and faith, and I would recommend this to our youth. In fact, we try to teach this in our school, for example, sometimes our parents and sometimes our graduates invite our students to iftar, and I think it is a very valuable thing to have iftar together.

Apart from that, I think the first homework of a Muslim youth is to get to know our Prophet (SAW). Ramadan is a period in which a siyar study must be done. It is even a question of understanding the Prophet at your age



every year. For example, I am now 44 years old, I take the Prophet at the age of 44 in front of me a little more. I feel a little happier when I live a life synchronized with the life of our Prophet (pbuh). In other words, I put his seerah and my seerah side by side - of course, his high kami and my smallness is something different - it actually produces a feeling, an energy in your life. I think that every Muslim youth has a duty to get to know the Prophet Muhammad (PBUH) at his own age, both during Ramadan and outside Ramadan. There is also a book called "Muhammad al-Amin", which compiles the events about the Prophet's (PBUH) childhood as far as we know, it is one of the best books written so far, for example, I recommend you to read that book this Ramadan.

Do you have an unforgettable Ramadan memory?

Dr. Özkan Öztürk: I wrote my master's and doctoral theses during Ramadan. During Ramadan, I was locked up at home and started working after suhoor and prayer, woke up around 8-9, worked until iftar and continued that cycle. I wrote my thesis by working in this way for a month and this was an unforgettable memory for me.

Well, is there anything else you would like to add, sir?

Dr. Özkan Öztürk: The Ramadan mindset is a very beautiful thing. I love iftar time, iftar table and the conversations at that table. I love these elements in Ramadan very much and I think that this love points to my faith because this love does not occur in a non-believer, because if we believe in Allah, Allah creates a love in our hearts, it may be a very absurd poseidon for someone else, it may be illogical, but it is not like that for people who believe and fulfill the orders of Allah. But for some reason I don't feel this feeling for prayer. I don't feel the feeling at iftar time when I pray. I think it is because we are supported by Allah in an incredible way during Ramadan. In other words, Allah draws us to Himself in Ramadan, He brings us closer to Himself, and since the Ramadan of that year comes upon this manifestation, He is already attracting our hearts. We are not celebrating the Eid because Ramadan is over, we are doing it to praise this blessing of Allah on us. We hosted this guest sent to us by Allah by sacrificing everything, it is like we are seeing him off right now. Suddenly you enter such a downpour, the wipers work, the sounds, the chord harmony, everything changes, Ramadan is such a month of change, like a kind of camp. It has a virus scanner function that cleans the defects, diseases, viruses in our body.

Thank you very much for accepting us and the interview.

Dr. Özkan Öztürk: I thank you, Ramadan mubarak.

Ramadan and Health: Exploring the Benefits of Fasting



As the month of Ramadan is here with its worldly and spiritual beauties, we will try to make some explanations about the effects of fasting on human health, which many of us think of and wonder the answer to. But in doing so, we will take care to stay away from foreign concepts except in cases where there is no alternative.

By Levent Dökme, Biology Teacher

What Happens In The Body During Fasting

When fasting, especially in the afternoon, the heart beats more easily and the heart, which has rested more, becomes stronger. In heart patients, this can be achieved with the use of drugs called beta (β) blockers. If a person can maintain the habit of eating less during Ramadan throughout the year, heart disease will be reduced. Recent studies on the positive effects of prolonged fasting on our health, especially on brain function, indicate that Ramadan is an excellent opportunity for our bodies. Studies on intermittent fasting, which has gained popularity, especially in the UK, and similar diets that promote prolonged fasting have shown that people who experience occasional fasting are more resistant to developing neurodegenerative diseases, especially Alzheimer's. In some studies, fasting a few days a week has been shown to help prevent neurodegenerative diseases such as Alzheimer's and Parkinson's by protecting neurons from harmful molecules.

In addition, scientific research has shown that fasting increases the secretion of molecules known as the "neurodevelopment factor" and that this factor contributes to increased memory power and learning capacity by creating new neural connections.

The reduced amount of food that enters our body during fasting that is properly evaluated during iftar and sahur directly or indirectly relieves the burden of all organs, especially the digestive system, and allows them to repair themselves. During the 12 to 13 hours of fasting, the glucose stores, especially in the liver, are emptied and then the fats in the fat stores are used as energizers.

Fasting: A Thorough Cleansing

Rasulullah (PBUH) said: "Everything has a zakat. The zakat of the body is fasting. Fasting is half of patience." (Ibn Majah, Siyam, Hadith No: 1345). The literal meaning of zakat is cleansing, purification, purification, increase, increase. Indeed, during fasting, the body is cleansed materially as well as spiritually. The liver is not only an effective organ in storing the carbohydrates taken in with food and converting the excess into fat, but it is also an extremely effective organ in reducing the toxic effects of poisonous substances (detox).

Therefore, during the period of fasting, when there is no food entering the body, we spend more time detoxifying and purifying our body from the many toxic substances that circulate through the blood and endanger our health. As we can see, this confirms one of the meanings of the eloquent statement of the Prophet (SAW).

A decrease in the amount of carbohydrates entering our body leads to a decrease in the amount of insulin secreted from the pancreas and, when necessary, an increase in our body's response to insulin (a decrease in insulin resistance, which means that body cells do not recognize insulin). This prevents the emergence of diabetes (Type II diabetes), which has serious negative effects on our body.

While fasting, the amount of LDL (Low-Density Lipoprotein), which causes vascular occlusion in the coronary vessels that provide nourishment to the heart, hardness in the arteries (atherosclerosis) and hypertension, decreases, while the

amount of HDL (High-Density Lipoprotein), which takes the bad cholesterol adhering to the walls of the arteries and carries it to the liver to be removed from the body, increases in our blood. So, on the one hand, the liver detoxifies the body by making toxic substances easily excreted by our kidneys, and on the other hand, the HDLs remove the cholesterol accumulated in our arteries and together they go through a comprehensive Ramadan cleansing in our body, just like our mothers whose hands are kissed do.

Various Impacts of Fasting

Scientific studies have proven that fasting helps us lose weight by burning fat and does not cause muscle destruction in our bodies. In contrast to muscle loss, growth hormones are secreted more during the fasting period and are effective in strengthening the muscles.

Fasting has a therapeutic effect on many bone and joint conditions as well as osteoarthritis of the knee joints. Excess weight and high-fat content cause an increase in the physical load on the joints. Due to this pressure on the joints, calcification occurs. However, metabolic inflammation seen in arthritis can be greatly improved by weight loss, one of the scientific benefits of fasting.

Fasting also has positive effects on the immune system. In studies on intermittent fasting, white blood cells that protect our body against microbes (our soldiers who protect our body against enemies) are transported to the bone marrow (military headquarters) through the blood during fasting and made stronger with the maintenance and repair done there. In this way, germs that are normally neutralized in 7-10 days can be destroyed in 3-4 days with strengthened white blood cells.

Fasting As A Treatment

Today, there are clinics in Western countries that treat fasting. Many Western physicians use fasting as a therapeutic remedy for certain diseases. They have developed their methods of starving sick people and have applied this as a therapeutic medicine to some patients. One Western scientist used the expression "Fasting is surgery without a knife". Another group of researchers recommends fasting before and after surgery to reduce the dangers of surgery and facilitate wound closure. (Geffroy M R: Le Jeüne)

Conscious Fasting

Of course, we should not forget that we can achieve all these benefits when we can show the patience we show in fasting, iftar, and sahur, and when we apply a balanced nutrition program that meets our needs, not our desires. Because fasting strengthens and beautifies patience, and patience strengthens and beautifies fasting and its keeper, as Rasulullah (s.a.w) said in his hadith "Fasting is half of the patience".

As we mentioned above, Rasulullah (SAW) said: "Everything has a zakat. The zakat of the body is fasting." As Rasulullah (PBUH) stated in his hadith in a short, effective, and concise way, we have mentioned only a few of the benefits of fasting, which is kept only for the sake of our Lord, in our purification both physically and spiritually.

In conclusion, we can summarize all these benefits with a hadith narrated from Rasulullah (SAW) "Fast so that you may find health." (Tabarani, M. Awsat, 8174)

Maximize Ramadan: Teachers' Tips for Spiritual Growth

By Betül Dila Topcu, Elif Ökke

The month of Ramadan is a blessed time during which we strengthen our spiritual values and experience the abundance and tranquility it brings. This sacred period offers us an opportunity for purification and renewal. We have compiled some advice from our beloved teachers how to make the most of this special time. The advice to be featured in this section is not only based on the experiences of our teachers but also includes recommendations that will spiritually empower individuals in accordance with the essence of Ramadan. We hope that these suggestions will serve as guides for you and assist you in spending this sacred month more consciously and productively.

Özkan Öztürk: Stay away from empty chatter and useless talk.

Zeynep Temel: Contemplate the meaning of a verse.

Hülya Torun: Do daily good deeds that will bring Allah's pleasure.

Kezban Aydın: Research about Ramadan in detail.

Yüksel Özgün: Set it as your goal : "one charity - one juz - one prayer (for the Islamic world, especially Palestine and Gaza)" for each day

Zehra Şimşek: Try to establish a genuine and natural relationship with the Quran.

Betül Ablak: Don't gorge yourself at iftar, put that energy into better things after iftar.

Faruk Tekeli: Read the Holy Qur'an with its translation.

Neslihan Gökçe Koçar: Keep the Qur'an with you at all times and use it in every spare moment, make these moments more precious.

Zakire Armağan Okudan: Set yourself a 10 minute rule. Spend 10 minutes in the morning, noon and evening for Quran, hadith and contemplation.

Emine Akkaş: I recommend solving lots of math questions to make your Ramadan days productive.

Esra Özdemir: Please remember to pray (salah) regularly during Ramadan.

Simge Kambur: Eat less, pray more.

Betül Acar: Slow down and think about your existential purposes.

Esra Onatçalı Ertuğ: Let's not forget that every moment we fast is considered worship.

Ömer Faruk Korkmaz: Love your Creator Allah (swt) and his Messenger Muhammad (Pbuh) more than anything.

Elif İşbilir: Direct your focus, speech, thoughts, and spirit towards the things that are Allah is pleased with.

Yunus Eren: Keep compassion on your conscience.

Expand Your Mind: Ramadan Reading Recommendations

By Elif Zeliha Gündüz

Ramadan is a special time that refreshes our souls and minds. It is a month when we are not only aware of our physical needs through fasting, but also experience an increase in our spiritual awareness. Just as our eating and drinking habits change during this month, our reading habits also evolve. Here are some book recommendations for your Ramadan reading, which will broaden your horizons and take you on a journey during this beautiful time.

1. Muhammad: His Life Based on The Earliest Sources; Hz. Muhammed'in Hayatı-Martin Lings

Martin Lings' biography of Mohammed is widely regarded as one of the best known biographies of the prophet. It's been translated into a dozen languages and has won a number of awards. What is special about this book is its combination of narrative and information from original Arabic sources. This makes the book not only informative but also compelling reading.

2. Samanyolunda Ziyafet-Sezai Karakoç

"Samanyolunda Ziyafet" is a book that compiles various writings and articles by the esteemed poet and writer Sezai Karakoç on the subject of fasting during Ramadan. In this book, Karakoç portrays fasting as a "spiritual feast" that occurs only once a year. He intricately weaves together discussions on our existence and metaphysics, presenting fasting as a profound experience. Karakoç eloquently describes fasting as "a feast on the Milky Way," evoking imagery of spiritual elevation and transcendence. Through his insightful reflections, Karakoç invites readers to contemplate the deeper significance of fasting and its transformative power on the human soul.

3. Ramazan Risalesi - Nureddin Yıldız

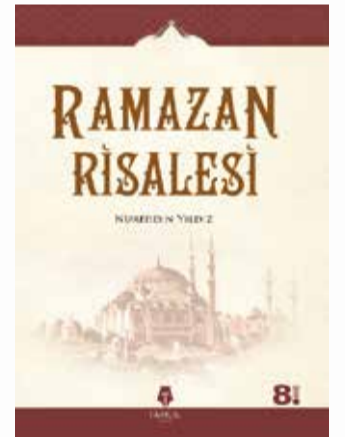
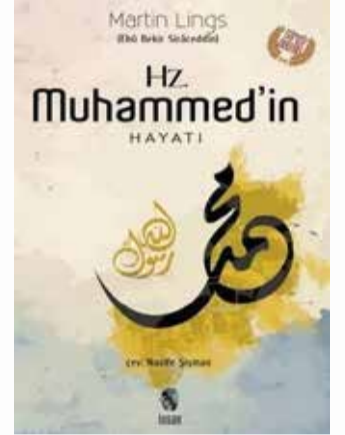
An insightful piece, different from typical Ramadan literature, delves into the essence of this sacred month, clarifying its true nature and dispelling misconceptions. It outlines the importance of reviving Ramadan authentically and addresses fasting from many different perspectives, among which there are chapters such as the "Ramadan guide for women" and "the importance of fasting, not iftar". The book is especially striking with its ending titled "Ramadan Massacre". It is preferred by many people every year among the books to read during Ramadan.

4. Muhammedü'l-Emin: Hz. Muhammed'in Peygamberlik Öncesi Hayatı- Casim Avcı

Embark on a profound exploration of the formative years of Prophet Muhammad (peace be upon him) before the divine revelations transformed his life. This book delves into the captivating narrative of his childhood, his initial marriage, and the turbulent period characterized by his quest for virtue amid the societal ignorance of his time.

5. Ramazan'da Kalplerimiziv Nasıl Canlandırabiliriz? Dr. Mecdi El-Hilali

The book is authored by Dr. Mecdi El-Hilali and provides insights into how we can revitalize our hearts during Ramadan. By reading this book, we can gain more knowledge about how to spiritually grow throughout Ramadan and the significance of the Quran during this period. For anyone seeking a deeper understanding of spiritual development during Ramadan and the importance of the Quran, this book could be a valuable resource.





Crack the Code, Win a Prize!

Come join us for a fun mental challenge and learn something new! Cryptology is a fascinating subject that's been around for ages, making us curious about deciphering secret codes. To help our students think critically and logically, we have a special cryptology puzzle from our respected teacher, Esra Onatçali Ertuğ. The first person to solve it and send the answer to ramadan.in.kaih1984@gmail.com will win a surprise gift.



In Loving Memory of Dear Physics Teacher Metin Çiftçi

With heavy hearts, we mourn the loss of our dear Metin Teacher who touched the lives of many with his kindness and dedication. He will be deeply missed but forever remembered for their unwavering commitment to our school community. Our thoughts and prayers are with Metin Teacher's family and loved ones during this difficult time. May they find comfort in the cherished memories shared with him.

Daily Routine with Sunnah

By Zeynep-Zehra Kasapoğlu, Zeynep Ceylan

SUNNAH: THE PROPHETIC GUIDANCE

Our Prophet is a source of mercy and guidance sent to all mankind. He told us about the reason of our existence. He taught us to properly worship Allah in the right way and the way to earn His countenance. He invited us to virtue and goodness with his words and his character.

It is a fact that, if a believer seeks happiness in this world and hereafter, then he must follow the authentic sunnah of our Prophet (pbuh).

Here are some examples of his sunnahs that you can apply in this Ramadan.

"Whoever revives an aspect of my Sunnah that is forgotten after my death, he will have a reward equivalent to that of the people who follow him, without it detracting in the least from their reward."

~Muhammed (PBUH)

"One who holds fast to my sunnah when my nation (Ummah) is corrupt will have the reward of a hundred martyrs."

~Muhammed (PBUH)

Perform witr after tahajjud instead of performing it at night, so that it is the last prayer performed.

After the night prayer, pray for a long time and thank Allah for his blessings.

Don't skip suhoor. Also if you have suhoor with people you love, it will have more enjoyable atmosphere.

Use miswak before suhoor and praying

Spend a lot of time with your loved ones after iftar.

Break your fast with dates, walnuts, salt or 3 draughts of water. Be careful not to overfill your stomach.

Come to the mosque during the lunch break and pray with the jamaah. Don't forget to invite your friends.

Participate in reading Quran after prayer.

I leave behind me two things: the Quran and the Sunnah. And if you follow these, you will never go astray.

~Muhammed (PBUH)

When you're eating...

- Say Bismillah
- Eat slowly
- Finish your food nicely
- Say alhamdulillah

Little but meaningful

- Listen to adhan
- Use kind language



THE SCHOOL'S RAMADAN AGENDA: WHAT'S ON THE CALENDAR?

WELCOMING RAMADAN

Ramadan is knocking on our door again with all its dignity. For those who are aware, this blessed guest deserves to be welcomed in the best way possible and its arrival offers us invaluable opportunities to revive our hearts. We need occasions to remember and remind us of these opportunities. Welcoming Ramadan is one of the programs we have been organizing for a long time to refresh our memory and maintain our direction.

It is also a sign of being a believer to rejoice at the arrival of the month of Ramadan. In our efforts to be the addressee of this sentence, we have prepared a program to celebrate the arrival of Ramadan and to welcome it with enthusiasm. The "Welcoming Ramadan" program was held in English-Turkish on March 12.



TARAWEEH WITH HATEM

The nights of Ramadan will be celebrated with the tarawih prayers we will perform at Hasan Tahsin Uğur Mosque. Taraweeh prayers will offer the opportunity to be exposed to an uninterrupted Qur'anic lesson for a month. Our young hafiz will lead the Taraweeh prayers organized by our school's hafiz club.

Hafiz:

Hasan Basri Keskin
Efekan Kiraz
Tarik Genç
İsmail Eren Çolak
Ahmet Enes Tekeli
Mehmet Akif Tekeli
Mert Apaydın

Fatih: Yasin Yazıcı*
Fatih: A person who stands behind the Imam and reminds him of the qiraat*



RAMADAN MUKABALAH

Every believer who reaches Ramadan evaluates the time with the precision of a jeweler. He knows that each moment is a blessing to seek the pleasure of his Lord, to hold on to the means that will lead him to mercy and to be a conscious servant. The most precious source that brings the believer to this consciousness is the Holy Qur'an. In order to establish a strong and continuous contact with this source and to benefit from the blessings of the congregation, the mukabele culture has become a fertile river that nourishes us. From this point of view, following the sunnah of our master, the hafiz of our school will recite mukabele in various mosques and in the girls' masjid of our school during the month of Ramadan.

Rahmanlar Mosque

Efekan Kiraz
Halil Özkan
Selman Demirci

Yunus Emre Mosque

İsmail Eren Çolak
M. Osman Tarık Yıldız
Muhammed Enes Demirel

Çavuşoğlu Mosque

Ahmet Enes Tekeli
Mehmet Akif Tekeli
Tarik Genç
Abdullah Tarık Gümüş

H. Tahsin Uğur Mosque

Ebubekir Yılmaz
Mert Apaydın

Yavuz Selim Mosque

Muhammed Fatih Aydın
Yavuz Selim Ünlüsoy
Bilal Fırat
Mehmet Emin Hayır

Kahramanlar Mosque

Yasin Yazıcı
Hasan Basri Keski

**Note: All Mukabalahs are before the noon prayer.*

REMEMBER TOGETHER

Within the framework of the motto "The works that believers do together with true and pure intentions are blessed.", one hatim will be recited every day during Ramadan with the participation of volunteer students. With this program, each page of Qur'an was prepared by pvc coating. Each student will read a page of the Qur'an during certain class hours. In ten minutes, the whole school will have completed one hatim.

RAMADAN CALENDAR

Time consciousness is the most distinctive feature of your perception. Time to perceive it, to feel its passage, is a blessing for man and at the same time a cause for anxiety. The best way to utilize time, which cannot be compensated, accumulated, repeated or replaced, is to remember precious things and put things in order. So, what should one remember, what should one put in order? This is where we find calendars as reminders and planners. Every day a teacher, student or school the "Ramadan Calendar" prepared by our officers is a verse, a book, a person, a city, a city, a poem, and a concept, and reminds our memory with precious reminders.

RUHA ŞİFA HÜSN-İ HAT EXHIBITION

You can visit the Psychological Resilience themed "Ruha Şifa Hüsn-i Hat" exhibition at our school's exhibition area Galeri Kartal between March 18 and 22, 2024. In the exhibition, where the themes of psychological resilience, psychological resilience, psychological well-being are chosen as the subject, there are beautiful works written about mental health in Arabic, Ottoman and Turkish writings.

RAMADAN IN THE WORLD

"Ramadan in the World" explores the manifestations of Islam in different geographies and the Ramadan cultures produced by Muslims carries. In "Ramadan Around the World" we discuss the Ramadan experiences and experiences of Muslims in different climates. We are meeting with guests from many parts of the world. In the past years, we have used Ramadan as an opportunity to meet with distinguished guests from Australia, Jerusalem, Central African Republic, etc. We had conversations about Ramadan with friends. This year, we will be sharing the otherworldly atmosphere of Ramadan with guests from different geographies we'll talk about how it blows in other lands.

**The programs will be announced one week in advance.*

RAMAZAN MESKS

Divine love pushed some to remain silent, some to write, and some to drown. Our civilization, based on this love, has been able to express Allah and His Messenger in various ways and commemorated with methods and expressions. The purpose was always one and to remember the "One". Our poets wrote, our composers sang added. Students of our school's Music Club also participated in the Ramadan will perform these works throughout Ramadan. Ramadan hymns we will feel the climate of mercy to our bones with the repertoire. May it be fruitful...

March 13, 2024

March 20, 2024

March 27, 2024

Table Hymn

(Before Iftar)

(Dining Hall)

Mesk

(After Iftar)

A block lobby



SERMONS AND TALKS

The Prophet (peace be upon him) said that we should advise each other to do good he always advised calmness. He said, "Religion is advice." Because the words spoken by a consciousness that is free from all fears other than Allah find soul in the minds. For the sake of the truth, our preachers have kept the faith of the people alive for centuries. Kartal AHL teachers will chat with our students in our mosque and girls' masjid during Ramadan...

Hasan Tahsin Uğur Mosque:

- Ömer Faruk Korkmaz (5 Nisan 2024)
- Süleyman Aydın (22 Mart 2024)
- Abdurrahman Gül (15 Mart 2024)
- Yüksel Özgün (29 Mart 2024)

"It will take place before Friday Prayer."



RAMADAN GLOSSARY

It brings up concepts that we are all familiar with again and again Ramadan. You can quickly understand what these words mean in daily life, what they mean when they come to the Word we understand. These words are so warm, so personal to us, that we hardly feel the need to pause and think about them. I wonder if on concepts such as sahur, imsak, mahya, fitre, eid, etc. What dimensions of meaning will open up in our minds if we contemplate a little, what will our hearts notice? "Ramadan Dictionary" contains interviews with people of wisdom on these concepts will be included. "Ramadan Dictionary" will be available on our school YouTube channel.



SUHOOR AND IFTAR DINNER PARTIES

Fasting is a means of self, will and body training. It reminds man of his helplessness when he forgets his self through heedlessness. The human being is free and It thinks it is free and treats it as such. It is during Ramadan that the soul of every servant, rich and poor, realizes that it is not free, it is a servant. Fasting is the abstinence of the individual who gains this consciousness of servitude from desires during the month of Ramadan. Ramadan awaits us with its iftar-sahurs and fascinating atmosphere. Our parents, our teachers and alumni are invited to share their tables with our students. opens. Our sole aim is love and fellowship...



SUHOOR CAFE

One of the cultures practiced in our school's boys' hostel is the Suhoor Cafe. The suhoor cafe, which is set up in a low stool, square table format after the evening taraweeh prayer, allows our students staying in the dormitory to have a pleasant time, treat each other, increase their conversation and have sweet conversations. Hot teas prepared by the students are drunk, a place where pleasant conversations are held and valued guests are frequented this year in front of the coffee house in front of the anayurt building will also be waiting for its residents.



PAINTING CONTEST RAMADAN: Ascension and Awareness

There are many ways for a believer to refresh his mind and increase his dhikr. Art stands out as one of these effective ways. For this reason, we want to hope for the blessings of Ramadan through the art of painting. It is known as the artist's skill to convey abstract concepts by carefully processing them through an alembic. In order to discover the artists in our school and to use art as an educational tool, we organized a free art exhibition titled "Ramadan: Ascension and Awareness", we are organizing a free style painting, pencil drawing and cartoon contest. To participate in the competition, we are waiting for the works of our students to ramadan.in.kaihl1984@gmail.com until March 18th.

RAMADAN NEWSPAPER

One of the most beautiful aspects of Ramadan, the season of mercy, is the sense of unity and solidarity, it brings. This is a month where we come together as a community performing tarawih prayers, reciting the Quran, and sharing joy and peace at Crowley iftar and suhoor gatherings. It's a time when we also reach out to our brothers and sisters through acts of charity and almsgiving. Our special Ramadan newspaper, which will be published in English and created with contributions from our esteemed teachers and students, will soon be released. It will feature a wide range of content that caters to both the material and spiritual aspects of your life, serving as a tangible memento of the Ramadan days in Kartal.

Ramadan PLAYLIST

By Zeynep Yağmur Sevgili, Ebrar Başak Baydar

Welcome to our Ramadan playlist! Dive into a mix of beautiful songs and videos that capture the spirit of this special month. Enjoy the vibe of Ramadan while listening to songs and learn about Ramadan from videos. From inspiring melodies to heartfelt messages, let's celebrate Ramadan together with music and visuals that uplift the soul.

Music Playlist :

1- Maher Zain - Ramadan



2- Raef - Ramadan Is Here



3- Maher Zain - Ramadan Gana



4- Rauf & Faik - Ramadan



5- Kurtis / Magrebi - Salli Alel Mustafa



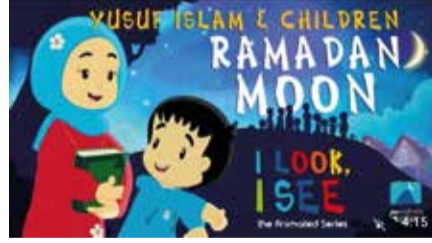
6- Humood AlKhadher - Qiyam



7- M. Zain - Ya Nabi Salam Alayka



8- Yusuf Islam - Ramadan Moon



Ramadan Reflections: Enlightening Videos to Deepen Your Spiritual Journey

Video Playlist :

1- Dinle Neyden - Ömer Tuğrul İnançer



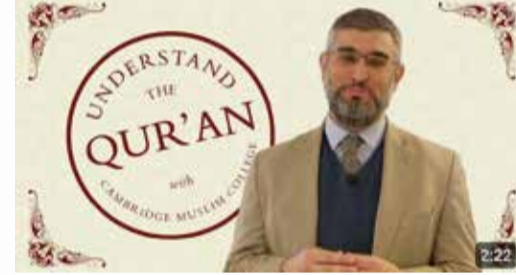
In this series we can get to know better the concepts and religious issues that will help us understand the depth of Ramadan.

2- The Right Mindset in Ramadan- Nouman Ali Khan



Unlock the power of the right mindset in Ramadan with this enlightening video, offering essential guidance and inspiration for a spiritually fulfilling journey.

3- Understand the Qur'an - Cambridge Muslim College



Gain profound insights into the Quran with this illuminating video, designed to deepen your understanding and connection to the timeless wisdom of Islam's holiest book.

4- The Story of Prophet Muhammad - Mufti Menk



Embark on a transformative journey through the life and teachings of Prophet Muhammad in this captivating video, unveiling the profound wisdom and compassion that continues to inspire millions worldwide.

5- Qur'an 30 for 30 - Yaqeen Institute



"Qur'an 30 for 30" is a series that talks about one juz every day during Ramadan and helps us to understand the Holy book of Allah better.

6- How to have a successful Ramadan Nouman Ali Khan



In this video Nouman Ali Khan discusses the concept of purification during Ramadan, focusing on both spiritual and mental purification.

We have compiled all the songs into a single playlist for you. Here is our playlist:



You can access the playlist we organized for the videos with this qr code:

